



SEPTEMBER 2022

Low-fat and fat-free milk offered daily with all meals

Food subject to change due to food availability

Sidney Elementary

Monday

Tuesday

Wednesday

Thursday

Friday



1
 Pizza Crunchers
 California Blend Veggies
 Oranges

2
 Mac & Cheese
 Cooked Carrots
 Peaches

5
 Labor Day
 (No School)

6
 Pork Fritter on a Bun
 French Fries
 Apple Slices

7
 Orange Chicken
 Whole Grain Rice
 Oriental Veggies
 Grapes

8
 Spaghetti w/ Marinara &
 Meat Sauce
 Brussel Sprouts
 Strawberries

9
 Fish Sticks
 Carrot Sticks & Celery
 Pears

12
 Burrito w/ Salsa
 Refried Beans
 Bananas

13
 Sloppy Joe on a Bun
 Tri-Tator
 Grapes

14
 Pot Roast
 Dinner Roll
 Green Beans
 Apple Slices

15
 Chicken Strips
 Sweet Potato Fries
 Oranges

16
 Uncrstable
 Broccoli
 Peaches

19
 Taquito w/ Salsa
 Mixed Veggies
 Bananas

20
 Beef Philly on a Hoagie
 Peppers & Onions
 Baked Beans
 Apple Slices

21
 Oven Fried Chicken
 Mashed Potatoes & Gravy
 Grapes

22
 Ham & Au Gratin
 Romaine Blend Salad
 Cucumbers
 Oranges

23
 Cheese Filled Breadstick
 w/ Marinara
 Cooked Carrots
 Pears

26
 Nachos w/ Salsa
 Refried Beans
 Bananas

27
 Chicken Patty on a Bun
 Corn
 Grapes

28
 Corn Dog
 Sweet Potato Fries
 Apple Slices

29
 Chicken Alfredo
 Garlic Knot
 Steamed Broccoli
 Strawberries

30
 Pizza
 Green Beans
 Peaches

This institution is an equal opportunity provider

